

YIASCM FOLKS

The Yenepoya Institute of Arts, Science. Commerce. Management is a constituent unit of Yenepoya (Deemed to be University), which provides quality education to knowledge college seekers. The established in 2017, and it now has students from all over Karnataka, as well as from neighbouring states.



Core purpose

- * To discover, safeguard and disseminate knowledge
- * To educate the next generation of national citizens
- * To promote a culture of broad inquiry throughout and beyond the community
- * To improve the lives and livelihoods of students and the people of our country through public service

PRINCIPAL'S MESSAGE

Prof. Arun A Bhagwath, Ph.D

Dean-Faculty of Science



Yenepoya (Deemed to be University) is a multidisciplinary institution conducting quality academic programmes at undergraduate, postgraduate and doctoral levels. The students are provided with relevant life skills and value-added courses leading to holistic development. The student-centric approach adopted by the institution makes students the

crafters to customise their education, enabling them to decide on the most appropriate learning methods. We have been successful in bridging the gap between the students and the Institute by effective deployment of e-governance and e-learning tools. We promise to create an environment for the generation of new knowledge through meaningful research and adoption of the latest methods of pedagogy integrated with the highest ethical standard.

YEN-AURA 2022

Yen-Aura, a set of annual and Cultural events, was held from 23 - 28 May 2022 at Yendurance Zone, Deralakatte. The students gathered with great fervour and enthusiasm to witness the events. It spanned six days and included a variety of athletic and cultural events on each day. The first three days were reserved for sporting events and the remaining for cultural programmes. The students showcased their talents by participating in the events. The valedictory programme was held on 28 May 2022. Dr. B H Sripathi Rao, Hon. Pro Vice-chancellor, Dr. Arun Bhagwath, Principal, Dr. Shareena P and Dr. Jeevan Raj, Vice Principals, presided over the programme. The prize winners of various competitions were felicitated by the dignitaries. The beat group consisting of Final year students kept the gathering entertained with their rollicking music. Ms. Hajera Naseer, III BBA (A & L) compered the programme. It was indeed a week to remember!



BRAINTEASER

Do you know who invented some of the things we use every day? Choose the correct answers on this guiz to find out.

SCAN THE QR CODE!





Kannur Muslim School, Kannur, Karnataka

YENSPIRE!

The Literary club under the guidance of Ms. Shalini Sequeira and Mr. Niyaz P, organised "YENSPIRE", from 17 - 25 May 2022, a week-long English language training programme aiming to enhance the communication skills of the pupils of Kannur Muslim School, Kannur, Karnataka. The members engaged in various fun and educational activities, alongside teaching them to communicate effectively.



30 students divided into groups handled classes from 1 to 7. The energy of the kids was seen even outside the four walls. It was a unique experience that enabled the members to acquire the art of teaching and in return to learn something special from the students. On the final day, along with the Head Mistress of the Kannur Muslim School and the training program concluded with a formal program. Dr. Jeevan Raj, Vice Principal graced the occasion and appreciated the team members for their dedicated service.





VICE PRINCIPAL'S MESSAGES

We at YIASCM, facilitate student engagement initiatives by providing them with opportunities to participate in community activities that will motivate them and create a positive impact on all concerned. With modern academics, education and technology, we at YIASCM ensure to provide opportunities to all our students to engage themselves in academic, co-curricular and extra-curricular activities to achieve excellence.



Dr. Shareena P
Vice Principal,
Dean-Faculty of Commerce and
Management.
Associate Professor

Education is the medium that gives us the skills, techniques, information and knowledge to know, understand and respect the duties we have towards our society, families and the nation.

To be able to survive in this competitive world, we facilitate our students with great sustenance and environment to develop new skills to grow as a person, develop knowledge and improve themselves to be better citizens and a professional.

We aim to create a transformative educational experience for students focused on deep disciplinary knowledge; problem-solving; leadership, communication, and interpersonal skills; and personal health and wellbeing.

We strive to support students to develop an understanding and gratitude for the multifaceted cultural and physical worlds in which they live and to realize their highest potential of intellectual, physical and human development. I feel privileged to be a part of the institute which focuses on providing a learning atmosphere in which faculty, staff and students can learn, examine critically, realm and transmit the knowledge, wisdom and values that will help ensure the survival of the present and future generations and improve the quality of life for all.

I congratulate the entire team of "Ardour" for their initiative and continuous effort to turn our dream into reality and wish them success in the future.

SEEDS OF HAPPINESS

On the occasion of 'World Environment Day', the Rotaract club organized "Green Yathra - Back to the Roots" on 4 June 2022, and was inaugurated by the Dr. Arun Bhagvath, Principal. Mr. Madhava Ullal assisted in organizing the event. During the event, Club Volunteers with faculty coordinators prepared 600+ seed balls. The tagline for the event was "Journey towards the Western Ghats". 31 student representatives, President Rtr. Ahdal, Rotaract faculty Coordinators - Mr. Mervin Vas, Ms. Carol Noronha and Mr. Midhun accompanied the students to Chikmagalur (Western Ghats) on June 12,

'To plant a seed is to believe in tomorrow', keeping this in mind, the Rotaract club conducted a concluding program named 'Vriksha Bijankura'- Planting of Sandalwood saplings in the Garden of YIASCM campus on 28 June at 9:30 am. The chief guests of the



Dr. Jeevan RajVice Principal
Associate Professor

Education is a shared commitment among motivated students, dedicated teachers and enthusiastic parents with high expectations. It is an opportunity to open students' hearts and minds to the unbelievable wonder of the universe. I am delighted that the institution values trust, respect, innovation and a sense of responsibility towards the community. I feel privileged to be a part of this institution and to motivate all our students, enthusiastic parents, and dedicated teaching faculty to work in communion, collaboration, and

team spirit to prepare our pupils for life, helping them to develop an informed curiosity and a lasting passion for learning. Students here enrich their knowledge not only to be skillful citizens of the future but also to apply their knowledge and skills for the betterment of mankind. YIASCM stimulates every learner to be different, to achieve the remarkable and the extraordinary. We have been offering guidance and we will continue to do so not only to help our students excel in their education but also in their lives. We provide ample opportunities along with value-based wholesome quality education to nurture the inner potential of every single student. "Ardour" targets to mirror the various talents of the students and witness their skills. I extend my heartiest congratulations to the entire team and wish them success in their efforts in publishing it.





event was Dr. Dinesh Y K, IFS, Deputy Conservator of Forest. He was accompanied by a Range Forest Officer, Deputy Ranger and Forest Guard. Also, Sandalwood sapling in the campus garden on 28 June, 2022.





ROUTE TO HAPPINESS

'The world is your oyster, it's up to you to find the pearls'- Chris Gardner. The "Happiness Route" programme based on 21st Century Skills Training was organized for first year students.

The facilitators for this training programme were Mr. Suhail Babu, Experiential Educator and Coach, Mr. Kamarudheen KP, Empowerment Consultant, Mr. Vineeth S, Creative Courage coach, Mr. Sherin Kalathil and Mr. Shayas Rafiya Moideen, Soft Skill trainers. The training programmes held from 11 - 13 May, 27 - 30 May and 31 May - 02 June, 2022 were themed "Goal setting", "Growth mindset", and "Unbox Yourself" respectively. The students had a great time during the training sessions. "Empowering youth to flourish in a new world" was the motto behind the training session. The students wear trained in various areas such as developing their soft skills, character building, gender equality, and technique to develop their future plans.



The Students were trained in various areas such as soft skills, c h a r a c t e r building, gender equality and goal setting.

COOK FOR A CAUSE

The "Cook for a cause" event was held on the occasion of 'World Cancer Day', the department of Public Health Dentistry and National Service Scheme, Unit 1, Yenepoya Deemed to be university, organised "Cook for a Cause" event on 22 February, 2022 at Yenepoya Dental College. Our college bagged second place for the best budding team in the event and won great appreciation. The prize was handed over to Dr. Jeevan Raj, Vice Principal by Dr. Akther Hussain, Dean, Yenepoya Dental College in the presence of Dr. B.H.Shripathi Rao, Pro Vice Chancellor, and many other dignitaries.

Immigration and Custom Duty

Faculty development programme titled "Immigration and Customs Duty" was held on 9 May 2022 at 10 am. The resource person for the session was Mr. Vasudeva, former Director, Mangalore International Airport. 14 Faculty members from the Department of Commerce and Management took part in it. This program included session on ENCR/ECR, immigration services, general instructions for registration by foreigners, registration and Visa extension, customs at Indian airports and a briefing on the notion of air freight management.

AN ESCAPADE

'A museum is a place where nothing was lost, just rediscovered'-Nanette L. Avery. Final year B.Sc. (Hons.) Forensic Science students along with Ms. Bhavyashree Rai, HOD and Ms. Swati Yaday visited Forensic Science Museum at Roshni Nilaya, School of Social Work on 23 June 2022. The students viewed numerous charts and specimens on display regarding the various branches of Forensic Science. A demonstration on tool mark evidence and its analysis, along with glass fractures was given. Adjacent to it was the Ballistics branch and Toxicology display. The Forensic Anthropology branch where the skull, skeleton and various bones and the determination of age, sex, and race from the same, Questioned Document analysis, Photography and different types of injuries like abrasions, contusions, laceration, incised wounds, stabs were shown. A detailed explanation on the stages of decomposition and preliminary analysis of blood using Benzidine test was given. They also discussed with the students about the confirmatory tests, branches for hair and soil analysis, handling and packing of evidence along with sketching and report writing. A simulated crime scene was presented where it was shown that a husband had killed his wife and hanged himself. It was also a

suspected burglary case. The students gained a lot of knowledge in ballistics, injuries, anthropology, crime scene management and other Forensic related branches.



FUN FLIGHTS

The field trips were organised by the Department of Management.

- * 52 Students of III BBA (Aviation, Travel & Tourism) and 3 Faculty members visited Goa from 10 May to 13 May, 2022
- * 36 students of III BBA (Aviation & Logistics) and 3 faculty members visited Goa & Dandeli from 29 May to 31 May, 2022
- * 36 students of I BBA (Aviation, Travel & Tourism) and 3 faculty members visited Vismaya Park on 29 June, 2022.

Entrepreneur in the making 'Manifest the Best'

The Government of Karnataka organised a workshop titled "Be an Entrepreneur- Become an Employer" to create awareness and knowledge among young professionals and graduate students on the advantages of becoming self-reliant entrepreneurs and contributing to the economy instead of seeking employment.

The programme was led by Mr. Mahesh Masal on 3 December, 2021 at 9 am. Known to be a human mindset coach, he delivered a session on 'manifest the best' in which he stated that life is all about enjoying the moment along with having one point of attention towards the goal.





Her untold agony "

She held my hand when I didn't know what to hold onto. I never saw her sob while I was left behind at school. But then the walls and the leaves did watch her weep a crystal, she thought no one noticed yet she was wrong. I didn't realise the ease until everything vanished. She was there like a shadow every now and then. I was at the brim almost about to fall, but I didn't. I was growing Shereena Nousna II B.Sc. (Hons)(FS) and my shadow was still beside me expecting



Shereena Noushad

nothing. The day came when everything changed at a glimpse, it was dark all at once, the time where I lost myself. This was a pitch of comprehension I had, I didn't know at what point I am right now. Reasons why where a lot to handle, so I didn't complain why she flew away. Everyone around me consoled me saying it's all for your good. But that was a point where I didn't need consolation. It was something else I was thriving for. Years passed, I fell, but now I know there was nothing behind to hold my back, help me and retrieve me. know she's not gone, she is just far away, just miles away but here, miles were enough to separate the shadow. She was my backbone, she was everything. She didn't make my life tedious rather she soothed it. I wonder why I didn't realise her eminence until she was away. It's not always that you show gratitude but when you have a pedal to step on don't think twice just go for it. She doesn't expect anything from you but I do believe this small pedal of gratitude will make her the most luckiest person ever. As the saying goes 'better late than never' she is waiting for you, but she will never ask because it's a universal nature. Express, when she is with you. To all the mothers, we love you so much and thank you for always being by our side.

CAPITAL MARKET AWARENESS

The Commerce Association of our College conducted a Webinar session on 9 February, 2022, on behalf of the BSE-Investor Protection Fund "Investor Education Program" (IEP) was conducted in the campus. Sessions Capital Market Awareness and Introduction to Mutual Fund Financial Planning were conducted through Zoom platform for the students of BBA and BCom programmes. The objective of this session was to enhance knowledge in Capital Market Awareness and take wise investment decisions. The programme were conducted under the guidance of Dr. Arun Bhagwath, Principal. Mr. Venugopal Rayirath, Senior Associate of Lotus Know Wealth was the Resource person for the session. He took a session on the topics such as Capital Market Offerings, Do's and Don'ts of Investing, Rights and Duties of Investors, Asset Class Offerings, Mutual Funds and Financial Planning and how to do investment on taking a risk. Ms. Sharmila P Nayak, Department of Commerce and Management organised the session. Hajera Naseer, III BBA (A&L) gave the welcome note and Hajira Zaibath, I B.com (A&L) proposed the vote of thanks. Ms.Nikitha, the Co-ordinator of Bombay Stock Exchange led the session on behalf of BSE-IPF. Nearly 260 students attended the session through the college projector and nearly 40 students attended the session online. The outcome of the session was an in-depth knowledge of Multiple Investment Products.

WE CARE, WE SHARE

On 14 May 2022, the NSS unit of our college under the leadership of Mr. Pavitra Shetty, Program coordinator, organised a 'Donation Drive' to help the needy people. The students of the college were encouraged to donate old bags, clothes, masks, sanitisers etc, The collected items were segregated and neatly packed in boxes. 20 NSS volunteers along with the NSS officers reached Kavathar Government School at 10:30 am and distributed masks and sanitisers to students of the school. The next destination was Balkunje village where the volunteers donated bags and clothes to the villagers. Also, they visited bus stops in KS Rao Road, Milagres Road, Maidan Road, State Bank and Pumpwell and distributed clothes, blankets, towels, masks and sanitisers to underprivileged.



Donation drive conducted by the students on 14 May, 2022.

CAMPCO: The Flavour of Love

The world loves chocolates, and so does YIASCM! The faculty along with the students of the Department of Food Science and Nutrition visited Campco Chocolate Factory, Puttur on 15 June, 2022. The factory was set up in 1986 with the capacity to produce 8,800 metric tonnes of chocolate. Today, they produce over 23,000 tonnes of cocoa-based products. Equipped with the most modern imported machinery, their passionate chocolate artists produce cocoa mass, cocoa powder, moulded chocolates, premium chocolate bars, and other cocoa-based products all in one place. Under the initiative of Mr. Joel P Joseph. Head of the Department and Lecturer, Mrs. Deepika, Student Welfare Officer and Ms. Aishwarya, Assistant Professor the visit was organised. Decked in factory caps, they were instructed to follow the safety measures and witnessed the production of chocolate from scratch to the final product. The manager of the factory delivered a seminar at the end which enabled them to know more about the factory, the downfalls during the pandemic and the efforts made to revive it back to its normal state.



The students of B.Sc. Food Science & Nutrition visited The Campco Chocolate Factory, Puttur on 15th June 2022.

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Reject today or Regret later

Tobacco is a crop, mostly used for the act of making cigarettes and is easily found anywhere throughout the world. Nicotine is a really harmful and addictive drug that is found in tobacco and is the main cause of many types of illnesses. More than 8 million people die each year from the tobacco epidemic, which is one of the greatest risks to global public health. This figure includes roughly 1.2 million fatalities from exposure to secondhand smoke. There is no level of cigarette exposure that is safe; all kinds of tobacco are toxic. The most prevalent method of tobacco consumption worldwide is cigarette smoking. Other tobacco goods include bidis, kreteks, cigars, cigarillos, roll-your-own tobacco, waterpipe tobacco, and numerous smokeless tobacco items. More than 80% of the 1.3 billion tobacco users globally reside in low- and middle-income nations, which bear the brunt of the disease and death caused by tobacco use. By diverting household spending away from necessities like food and shelter to cigarettes, tobacco usage contributes to povertv.

Why smoking should be banned:

Pollution: Brought on by people smoking cigarettes, who discharge chemicals into the atmosphere.

Cancer: Smokers have a very high risk of developing the disease, but their chances of preventing it immediately increase after they quit.

Addiction: Cigarettes are one of the most addicting and widely available goods in the world

today.

Public health: Smokers' second-hand smoke causes harm to non-smokers by raising their risk of developing cancer. Smokers' smoke also causes harm to pets and cats.

Children: Parents who smoke indoors endanger the lives of their kids. Smoking causes the most harm to young bodies because they are still growing and developing, and it also makes parents addicted and causes their kids to follow in their footsteps.

Oral health: Adults already deal with enough dental problems brought on by poor diets, little exercise, ageing, and smoking. Smokers have a restricted amount of space to reside in because not everyone wants to share a home with a smoker.

Conclusion:

Because of the risks to the user's health, which are subsequently transferred to other members of society through social and financial expenses, using tobacco is clearly unhealthy. Individual users cannot easily and voluntarily stop using the substance since it is addictive. Therefore, prohibiting the use of the drug constitutes the most important control approach.

- Risham Mohammad Ismail II BBA (A&L)



The world, full of sinners

The world we live in today is different from which our forefathers lived.

The world has taken its turn and has become what it was prophesied to be,

The world's full of sinners.

We have sinned by ignoring the call to the light, the call for the right path!

But does He not forgive even the most ignorant? Indeed, the light has been in front of us all the time, You ask for his signs for belief, but have you not seen around you!

The flowers that bloom,
The bees that hum,
The stars in the night sky,
The birds that fly high,

We ask for His signs, but we forget that the signs are all around

The Most High comes down to the lowest heavens calling out to us even though

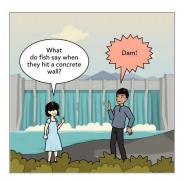
It is us who need Him, who seek his answers for our prayers, He has loved you the moment you took your first breath, He will love you until your last.

When there is great joy, we remember least of Him,
When there is great despair, we ask only of Him,
Oh, how the Times have changed.

For verily He forgives you and blesses you, for His mercy supersedes His anger

Does this not serve you as a lesson?

- Ashyam Ahamed III B.Com (Hons) (A&L)















STUDENT ACHIEVEMENTS

"Success is the fruit of good ideas pursued with energy, intelligence, and determination." No wonder we stepped on the stepping stones of success.

Toppers list 2017 and 2018 batch

2017-2020 Ms. Ainnha B.Com

Ms. Sinana B.Com (Prof)
Mr. Abdul Sameer B.Sc. (HS) (ATT)

2018-2021 Ms. Noorul Mehak B.Com

Ms. Naveeda Anjum B.Com (Prof)
Mr. Namithraj B.Sc. (HS) (ATT)

ARTISTE MANOEUVRE

Mahammad Mansoor

III BBA (Aviation Travel & Tourism)

* World record India

Two times world record in stencil art 2020

- * Exclusive world record Paper cutting 2020
- * District level gold medal 100mtr
- * State level Relay and 100mtr



B. Com (Hons.) (IAF)

2019 Batch – ACCA Papers cleared

1. Abdul Rahman Abubacker Anjarappa - FR

2. Aidal Anna Abraham - FR, FM

3. Anjala Pramod - FR

4. Ayesha Rumana Ahmed - FR, AA

5. Devapriya K M - FR, FM

6. Fathima Najdah Chobakkaran - FR, FM, AA

7. Fathimath Zahrah Meethal Kockal - FR, FM, AA

8. Haroon Mohamed Faisal - FR, FM, AA

9. Mohammed Rafeek K P - FR, FM

10. Muhammad Nuhal N - FR

11. Muhammed Faiz Veralikkattil - FR

12. Muhammed Ismail Bin Mahamood - FR, FM, AA, SBR

13. Muhammed Jabir P P - FR, FM

F7: Financial Reporting (FR) F9: Financial Management (FM)

F8: Audit & Assurance (AA) P2: Strategic Business Reporting (SBR)

Winners of National Level Inter-collegiate Competitions

Marketing event

Yashaswini & Azar -III BBA (A&L)

Group Dance

Shreya and Team - II BCA (BDACC)

Best out of waste

Fiona and Gopika - II B.Sc. (Hons) (FS)

Stress interview

Shaun Glen - I B.Sc. (Microbiology)

Dubsmash

Mohammad Musthafa - I B.Com (IMA) Abigail Tellis - II B.Sc. (Hons) (FS) Amal Shetty - II B.Sc. (Hons) (FS)

Dumb Charades

Shaziya Zulekha & Haaniya - I B.Sc. (Microbiology)



Mr. Rohith, III B.Sc. Hospitaity Science (Aviation, Travel & Tourism) on online platform at JW Marriott, Bengaluru . He has been receiving appreciation

from many guests for his outstanding service.



Mr. Darwin Shaji, III B.Sc. Hospitality Science (Aviation, Travel & Tourism) who is currently undergoing internship at Chennai, received appriciation from a brazillian guest for his service and mannerisims.



Mr. Sijoy, III B.Sc. Hospitality Science (Aviation, Travel and Tourism) secured first place in 'Hilton Bash'. Currently he is undergoing his internship at Hotel Hilton Bengaluru.



Mr Midhun, III B.Sc. Hospitality Science (Aviation, Travel and Tourism) was honoured with "Star Trainee Award". He is doing his internship at Hotel Conrad, Bengaluru.

Sports Achievements



Mr. Mohammad Riyas III B. Com Santhosh Trophy Player. Karnataka State



Mr. Bavu Nishad III B. Com Santhosh Trophy Player. Karnataka State

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HACKATHON

The Department of Computer Science organised a National level 24-Hours Hackathon "Call for code-2022" supported by IBM from June 27 to June 28, 2022 in Alan Turing Computer Lab, YIASCM. Hackathon was inaugurated by Dr. Arun Bhagwath, Principal, Dr. Shareena P, Vice-Principal and, Dr. Jeevan Raj Vice-Principal, IBM delegates, Mr. Narayan Sukumar, HOD, Department of Computer Science and faculty members of the department were present.

A total of 60 students from different Universities across India and the host University participated in the Hackathon. Dr Ajay Mishra, IBM, gave a real-time problem which the participants solved within 24 hours. IBM awarded a cash prize of Rupees 50,000/- to the winners. Our students, secured the first place won a cash prize of Rupees 25,000/-. IBM delegates and the participants expressed their positive feedback.



BULLETIN

- On June 23, 2022, the Department of Food Science & Nutrition and Microbiology organised a seminar on awareness of "Food, Safety AND Food Hygiene". A total of 136 students and 3 Faculty from both the departments participated in the session.
- On 28 June, 2022, a Faculty Development Programme "Dissecting NEP 2020" was held in collaboration with YEN FDC was held for all the faculty of the institute.
- On 24 June, 2022, The YIASCM Satellite Unit, an unit of the
 "Centre For Substance Abuse And Prevention," was inaugurated. The unit's goal is to manage the college's substance misuse prevention programmes.
- On 11 June, 2022, the IT club conducted a gaming tournament,
 BGMI (Battle Ground Mobile India) for the students of BCA programme.
- On 6 June, 2022 "DONUM", The fund raised from the 'Food
 Fest' organised by the Department of Food Science and Nutrition on 9 March, 2022 was donated as household supplies to Sneha Deep Orphanage, Bejai.
- Dr. Arun Bhagwath, principal, Dr. Shareena P, vice-principal, and Dr. Jeevan Raj, vice-principal honoured our students for

- winning various inter-collegiate competitions.
- On 9 June, 2022, an online interview was conducted for Final year students as a Contract Job for 6 Months at Qatar Airways.
- A field visit of I B.Sc Hospitality Science (Aviation, Travel and Tourism) to Food Craft Central Kitchen and Laundry Line ON 10, June 2022.
- On 4 June, 2022, The college NSS unit distributed saplings to the people of Kavathur adopted village under Amrutha Samudhaya Abhi Riddhi Yojana.
- On 27 May, 2022, A Faculty Development Programme for the faculty of commerce and Management was organized. Mr. Shravan Kumar Bangera, Chartered Accountant and owner of Shravan Kumar B and Co, was the guest speaker.
- From 23 May to 25 May, 2022, Yoga Session for the teaching and non-teaching staff was organised.
- On 13 May, 2022, Ng. Iboyaima Singh, Chief Scientist and Head (CSIR, Mysuru) under Ministry of Science and Technology, Government of India, delivered a guest talk on Food and Sensory Science.

ALUMNIAchievements & Recognition



Alumnus Nihal Rahman Karuvalli Pathikkal was been awarded as "Qatar Top Achiever" on securing the highest marks in ACCA's Financial Management (FM) paper held in December 2021 examination.



Alumnus Vishnu TM fromPalakkad, Kerala, was been selected as a striker (CF) for the East Bengal Club, which competes in the Indian Super League.



Alumnus Mohammed Hashim cleared all 13 examinations of ACCA and is a CFA affiliate (Chartered Financial Analyst).





INFRASTRUCTURE

The Yenepoya Institute of Arts, Science, Commerce and Management is an esteemed educational institution that lies in the heart of the city, Balmatta. This institute is a unit of Yenepoya (Deemed to be University) and was established in the year 2017. The Premises consists of 3 blocks with two means of access, one which A block leads to



and the other, leading to exit. 2 pathways connecting A block to B block, 1 on the ground floor and the other, connecting the 4th floor of A block to the cafeteria in the B block. A picturesque park that has a soothing presence is located next to B block. Air-conditioned classrooms are equipped with smart boards that make teaching and learning easy and comfortable. Wooden podium on a platform that exudes professionalism and allows the lecturers to overlook the entire class. All the floors have hygienic washrooms for students, faculties and the handicapped along with purified drinking water providing both cold and warm water.



Front Office Lab











Computer Lab





Forensic Science Lab





Digital Classroom





Hospitality Science Production Lab





Library





Garden Area

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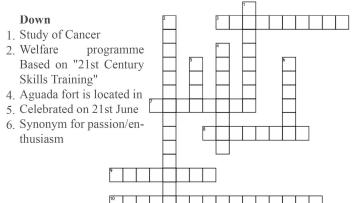
VANASIRI

A seed refuses to die when you bury it, that is why it becomes a tree'. Yenviron Club of our college organised a Planting ceremony namely "Vanasiri". The members showed their talent by performing a Skit on Vanasiri on 7 June, 2022. The skit was held for the school children, in the presence of Honourable Padmashree Harekala Hajabba, founder of the school, at DKZP Government High School, Padpu, Harekala. The main objective of this school visit was to create environmental awareness in the young minds. Distinguished members from this locality graced the occasion. Dr. Arun Bhagwath, the Principal, encouraged the students to take part in this task. This event was organised under the guidance of the staff coordinators Ms. Sharmila P. Nayak and Mr. Niyaz P from Yenviron Club. The student coordinators Ms. Hajera Naseer, III BBA (A&L) and Mr. Muhammad Sabith Ali, II BBA(ATT), student coordinators, lead this task. 60 students of our college participated in this event.



The Yenviron Club members at DKZP Government High School, Padpu, Harekala.

CROSSWORD



Across

- 3. Sapling planted on 28th June 2022 in YIASCM
- 7. Synonym for education
- 8. The club that organized YENSPIRE
- 9. The village visited as part of the donation drive
- 10. The process of setting up a business

Let's Talk; At least now!

At times even though we are surrounded by many, we do experience a certain amount of loneliness and void that's quite unexplainable. In this busy world, where people don't have time for emotions or to talk to their loved ones, it's not surprising to find the rise of mental health issues among our current generation. And mental health isn't something that affects a particular type of community it affects everyone but sadly none of us is taking it seriously due to the stigma attached to it.



Shaun Glen I B.Sc. (Microbiology)

Mental Health refers to the way people think, feel and behave and looking after mental health can preserve a person's ability to enjoy life. The World Health Organization stresses that mental health is "more than just the absence of mental disorders or disabilities." It also involves one's ongoing wellness and happiness.

According to recent research, it is estimated that one in ten adults suffer from mental health issues in our country and that people in the age group of 18-24 were the most affected. The issue with our country isn't just about the alarming rise of mental health issues. The issue is about the sheer negligence and the hesitance to come out and talk to whoever they want to or feel comfortable with but the majority fear being judged by someone or the other. Instilling unwanted pressure on kids from a very young age, building up one's expectations of them, and pressuring them to do things they abhor, all contribute to anxiety, depression, and whatnot! Even at some workplaces, one has to deal with toxic bosses, a truckload of work pressure, and peer competition amongst themselves, leaving their jobs at stake. All these add up to the mental health issues our country has been facing. Unemployment, failure in competitive/school exams, and the lack of somebody in one's life are some other reasons why this is an alarming issue to address! Teachers can also be good therapists if guided and trained well. We should also normalise going to a therapist. Finding a cure for your mental health issue is as important as approaching a doctor for any other ailment in your body. Most importantly we should stop hesitating to talk to anyone. Talk your heart out to whomever you feel comfortable with - be it your parents, teachers, or your best friends. There is nothing better than talking your heart out to someone whom you can trust. It will take a little longer to break the stigma associated with mental health issues in our country but together we can build a happy society with a clear sense of sanity and fulfilment.

"You don't have to struggle in silence. You can be un-silent. You can live well with a mental health condition, as long as you open up to somebody about it"

Let's Talk At least now!









ART WORKS



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